

The research of the understanding of the I and the research of the meaning of the existence can lead to a scepticism concerning the possibility of a rational and knowledge. Miguel de Unamuno and Milan Kundera look for what the I is and for what we know about who we are. Finding no answers after looking for “universal truths”, they decide to keep the thought aside and express their feelings about life through art: literature in their case, instead of accepting assertions or evidences they can't prove, being therefore confronted to criticisms and major problems. Even if we can think about other solutions in the wish of overcoming the anxiety that can be caused by the lack of certainties, we criticise the acceptance of a theory or thesis based on suppositions, evidences or axiomatic assertions about which we can always doubt. The way to art and the suspension of judgment are the solutions that Unamuno and Kundera develop. In this work, we will compare how these writers set up their thinking through literature as a form of art. Their solutions are mainly two: the lightness of the I and the immortality as a self-fulfilment in relation with the otherness.

Key words: I; Scepticism; Reason; Sentiment, Agony; Existentialism; Art; Kundera; Unamuno; Literature