

**Abstrakt:**

This Bachelor thesis deals with the importance of communication for relationship quality. The thesis describes communication and its specifics in a relationship between partners while placing emphasis on communication behaviour which can facilitate or, by contrast, impede communication. In addition, it critically evaluates studies covering this topic. The suggestion for research is focused on the observation of couples in strong and healthy relationships. A strong and healthy relationship is the one in which both partners are satisfied. The description of communication behaviour typical of these couples could serve as an inspiration to couples in which communication does not work well, and could be used in relationship and marriage counselling. Further research in this area should be aimed at proving the causality of these phenomenons and so support a hypothesis saying that the improvement of communication leads to a relationship of higher quality.

**Keywords:**

interpersonal communication, a relationship between partners, relationship quality