

**Abstract :**

Obesity is a very serious health and social-economic worldwide problem today. Childhood obesity means a higher risk of obesity and other associated health problems in later adulthood. As some research shows, every fourth child in the Czech Republic is overweight and every seventh child is obese. The cause of obesity is not only poor eating habits and lack of physical activity, but also genetic, psychological and socio-economic factors. For this reason, prevention itself is an important and only successful step.

The main goal of this bachelor thesis was to find the connection between the socio - financial background of the family and the childhood obesity. Find out if the level of education and the level of family income affect childhood obesity. The work also focuses on mapping the eating habits of obese children in connection with social and financial backgrounds.

The materials for the theoretical part of the thesis were obtained from professional literature, medical journals, articles and internet sources WHO, SZÚ, ÚZIS. Child obesity and socio-economic influences have been defined in this section. The research part of the work was carried out in the form of a quantitative questionnaire survey, which was anonymous and entirely voluntary. The questionnaire was submitted and approved by the ethics committee of the VFN. The survey was carried out between December 2017 and February 2018. There were approached parents of children from Bludov Children's Hospital, Olivovy Children's hospital in Říčany and parents of children attending an outpatient clinic at Children's and Adolescent Clinic of VFN and 1st Medical Faculty of Charles University. The results were then evaluated and converted to charts using Microsoft Excel.

The research shows that the level of education is closely correlated with the income, higher education usually results to higher family's income. The socio-financial background of the family is closely related to the development of childhood obesity acc. to obtained data. Based on the evaluation of these data, it can be stated that most obese children come from socially weaker families.

**Key words:**

Childhood obesity, socio-economic factors, social background, financial background