

## **Abstrakt v anglickém jazyce**

Supervision is one of the possibilities of professional support, which helps in solving difficult working situations. They imply challenges, personal constraints and ethical issues. Uncertainties can be on the both sides of the social worker and his client.

Supervision should not be a check of incorrect decisions or supervision of the choice of work outcomes. On the contrary, the supervisor should be supportive of his clients and provide them professional and correct leadership to ensure the quality of their work.

The diploma thesis deals with the interconnection of supervision with burnout syndrome. The theoretical part draws attention to the preventive nature of the supervision process and the risks that are threatened in the absence of supervision. Both concepts, supervision and burnout syndrome, are described and explained in the diploma thesis. The theoretical part of the thesis contains basic terminology, division and important participants in such cooperation. The second section describes the situation regarding the use of supervision and the rate of burnout syndrome in selected social workers. The results of this survey are shown in the charts. The thesis is concluded with a discussion which contains comments on the legal anchoring of supervision in the Czech Republic and comparison of the position of supervision in the Czech Republic with another country.

Each reader can then assess whether supervision is a necessary component in helping professions.